

Rights, Responsibilities & BV		Celebrating Diversity and		Relationship and Sex		Staying Safe Online & Offline		Health and Wellbeing		Life Beyond School		
Week	Date	Year 7	Year 8	Year 9	Year 10	Year 11					Form Time Focus	Planned By
1	WC 4th Sep	Autumn 1	Managing Change Intro to Aspire Getting to know People What is a Community Careers and your Future Sleep and Relaxation Financial Education Transition Points	Proud to Be Me Employability & Enterprise Skills Proud to be Me Careers and Aspirations Self Esteem and the Media The Importance of Resilience What makes me angry? Exploring Careers	Essential Life Skills Resilience: Failure to Succeed Assertiveness First Aid Saving and Managing Money Labour Market Information Finance, budgeting and Social Media and Online Safety	Rights and Responsibilities Instagram & Tiktok Generation Targeting Advertising Marriage - What is it? Rights and Responsibilities Consumer Rights Employment Rights Exploring a Pay Check	Your Future and Beyond Screen Addiction & Studying Post 16 Options Exam Stress & Anxiety Social Media v Real Life Writing a CV Writing a Personal Statement					
2	WC 11th Sep											
3	WC 18th Sep											
4	WC 25th Sept											
5	Wc 2nd Oct											
6	WC 9th Oct											
7	WC 16th Oct											
	WC 23rd Oct WC 30th Oct											
1	WC 6th Nov	Autumn 2	Puberty Body and Development Intro to Puberty Puberty (Girls/Boys focused) Personal Hygiene to Oral Hygiene Growing up and FGM Assertiveness, Consent and Hormones Self Esteem Tooth Decay and Dental Hygiene	Physical Health & Mental Wellbeing Health and Wellbeing What is Mental Health Positive Body Image Child Abuse Types of Bullying Healthy Eating and Cholesterol Stress Management	Body Confidence How Self Esteem Changes What is a Penis What is a Vulva HBT - Bullying Dealing with Grief and Loss Media and Airbrushing Cancer Prevention and Healthy Lifestyles	Mental Health and Wellbeing Child Sexual Abuse (CSE) Bee Well Survey Common Types of Mental Health Suicidal Thoughts and Feelings Promoting Emotional Wellbeing Honour Based Violence Forced Marriage	Adult Health & Looking After Yourself Organ Donation & Donating Blood Teenage Pregnancy Choices Abortion (Moral, Law and Thoughts) Testicular and Prostate Cancer Cervical, Breast and Ovarian Cancer Parenthood for Teenagers Love and Abuse					
2	WC 13th Nov											
3	Wc 20th Nov											
4	WC 27th Nov											
5	WC 4th Dec											
6	WC 11th Dec											
7	WC 18th Dec											
	WC 28th Dec WC 1st Jan											
1	WC 8th Jan	Spring 1	Chameleón Introduction Respect, Choices and Consequences Bullying Vehicle Crime and Road Safety Anti Social Behaviour Drugs Domestic Abuse	Law, Crime & Society Desert Island Living Building Community Making Decisions and Consequences Criminal, Laws and Society Law making progress in the UK Prison Reform and Punishment	Combating Extremism & Terrorism Conspiracies & Extremist Narratives Extremism - In All its forms What is Terrorism? War and Conflict The Radicalisation Process Counter Terrorism	Exploring British Values Critical Thinking and Fake News Hate Crime in the UK Exploring British Values British Values and Identity Mutual Respect and Tolerance Individual Liberty	Sexual Health Peer on Peer Abuse Fertility and What it Involves Alcohol, Parties and Bad Choices Importance of Sexual Health Revisiting Contraception Respect, Love and Relationships					
2	WC 15th Jan											
3	WC 22nd Jan											
4	WC 29th Jan											
5	WC 5th Feb											
6	WC 12th Feb											
	WC 19th Feb											
1	WC 26th Feb	Spring 2	Chameleón Weapons Self Defence and Aggression Police Stop and Search & Getting arrested Prejudice and Racism Energy Drinks and Caffeine	Dangerous Society On & Off County Lines and Gangs - Who is at Risk Substance Misuse Cyber Bullying Grooming Child Exploitation and Online Protection	Legal & Illegal Drugs What is a Drug? Different types of Addiction Cannabis Products Drugs Classification and the Effects Volatile Substance Abuse	Violence Crimes and Seeking Online Gambling Social Media Validation Modern Day Slavery Keeping your Data Safe Causes of Knife Crime	Staying Safe Virtual Reality & Live Streaming Online Reputation and Digital Footprint Group Chats and Anti Bullying Cosmetic and Aesthetics Procedures New Psychoactive Substances					
2	WC 4th Mar											
3	WC 11th Mar											
4	WC 18th Mar											
5	WC 25th Mar											
	WC 1st Apr WC 8th Apr											
1	WC 15th Apr	Summer 1	Celebrating Differences What is your Identity Multi Cultural Britain Importance of being Kind Breaking Down Stereotypes Learning Disabilities Prejudice and Discrimination	LGBTQ+ Explored Act and Protected Chara LGBTQ+ - What is it? Rights across the World Gender Equality Removing Barriers and Equality for All Racism and Discrimination	Sex, The Law and Consent Sexual Consent FGM and the Law Relationship and Partners Domestic Abuse and Domestic Violence Why have Sex? Delaying Sexual Activity What are STIs?	Exploring World Issues International Organisations Peace, War and Conflict Human Rights during War Aid and Supporting Countries Stalking and Trade Unions Women's Rights & Equality	Festival and Nitrous Oxide Substance Addiction Exam Prep					
2	WC 22nd Apr											
3	WC 29th Apr											
4	Wc 6th May											
5	Wc 13th May											
6	Wc 20th May											
	WC 27th May											
1	Wc 3rd June	Summer 2	Friendships Respect and Relationships Consent and Boundaries Respect and Relationships What makes a good friend Friendships and Managing them Being Positive and Self Esteem Pressure and Influence What does it mean to be a Man today? Reflect on Y7 and Setting targets for Year 8	Identity Relationships & Sex Education Intro to Relationship Being Yourself and Self Love Healthy and Respectful Relationships What is Love? Dealing with Conflict Periods and Menstrual Cycles Introduction to Contraception Sexual Orientation	Sex, Law, Consent and STIs Treating STIs & GUM Clinic Contraception - Methods Available Contraception - Condom Contraception - Explored Sexual Harrassment & Stalking HIV and Aids HIV - Discrimination and Prejudice	Exploring Relationships & Sex Ed Pleasure and Delaying Sex Campaigning against FGM Sexing Nudes and other Pictures Online Pornography (myths and Reality) Porn - The Impact on Society Unhealthy Relationships & Sexual Violence Sexualisation of the Media Reflect on Yr10 and Setting targets for Year 11	Exam/ Study Leave					
2	WC 10th June											
3	Wc 17th June											
4	WC 24th June											
5	Wc 1st July											
6	Wc 8th July											
7	Wc 15th July											
8	WC 22nd July											